

STUDENT EXCHANGE PROGRAM 2017
IN TAN TRAO UNIVERSITY (TTrU) - TUYEN QUANG - VIETNAM

* **Length:** 1 week (25/9/2017 – 01/10/2017)

* **Arrival Day:** 24/9/2017

Day	Activities			Notes
	Morning 8.00 – 10.00	Afternoon 14.00 – 17.00	Evening 19.00 – 21.00	
Mon 25/9	Orientation (Room 204, C building); Excursion TTrU campus - 11.30: lunch	Tuyen Quang city tour - Visit “Tuong Niem” monument. - Visit “Tuyen Quang” Museum, “Nguyen Tat Thanh” square, King Mac Dynasty Citadel 18.30: Dinner	- Shopping near TTrU	Orientation: Students prepare to introduce yourself

Day 2	8.30 – 11.00 (Room 104 – C Building)	14.00 – 17.00	19.00 - 21.00	Notes
Tue 26/9	Workshop: Vietnam Culture and Language <ul style="list-style-type: none"> - Basic Vietnamese: Greeting and Shopping - Religion in Vietnam: Temple and Pagoda 	Explore religion places in Tuyen Quang <ul style="list-style-type: none"> - “Canh Xanh” temple, “Ha” temple, “Kiep Bac” temple. - “Cave” pagoda 5.00: Back to Tuyen Quang city	Discover the beauty of Tuyen Quang city at night <ul style="list-style-type: none"> - Enjoy Tuyen Quang cuisine - Experience “Color me” game. - Walking 	
Day 3	8.30 – 11.00 (P. 104-C)	14.00 – 17.00	19.30 – 21.00 (P. 104)	Notes
Wed 27/9	Sing and Dance Class: <ul style="list-style-type: none"> - Learn to sing Vietnamese song “Bon Phuong Troi – Four directions” - Learn Vietnamese traditional dance 	Discover The art of tea in Vietnamese culture” <ul style="list-style-type: none"> - Excursion My Lam Green Tea Hills. - Visit My Lam Tea Manufacturing factory - Enjoy drinking Green Tea 17.00: Back to TTrU 18.30: Dinner	Join in TTrU student clubs <ul style="list-style-type: none"> - “Then singing” club - “Bamboo flute” club 	

Day 4	7.30 – 11.30	14.00-17.00 (Room 104 – C building)	19.30 – 21.00 (Room 104 – C building)	Notes
Thu 28/9	- Visiting Tan Trao Historic Site	Workshop: Mid-Autumn Festival in Vietnam - Get understanding of “Mid-term Festival” in Vietnam - Go Shopping: buying fruits to prepare for “Fruit arrangements” activity 18.30: dinner	Practice and Mastery - Vietnamese traditional dance - Song: “Bon Phuong troi – Four directions”.	
Day 5	8.30-10.30	14.00 – 16.00	18.00-20.00	Notes
Fri 29/9	Experience Ways to organize Mid-Autumn festival Party - Fruit arrangements - Learn to make Star lantern (Room 104 – C building)	Preparing for Mid Autumn festival Party - Go shopping to buy: cakes, candies, lanterns, decorations... - Prepare speakers, necessary equipment. 17.00: dinner	Organize Mid Autumn festival Party for homeless elderly people and orphans at Social Support Center in Tuyen Quang city.	- Prepare a traditional song or dance to perform at the party
Day 6	8.30-10.00 (Sport yard)	14.00-16.30	18.00 – 21.00	Notes
Sat 30/9	Experience Vietnamese traditional games + Tug of war + Bag jumping + Blind man and drum	- Explore local market and supermarket. (Buy souvenir when going supermarket) 16.00: return TTrU	Take part in Mid Autumn Festival in Tuyen Quang city	- Should not bring personal bags during festival. - Join in team during festival.

Day 7	8.00 – 11.30 (Hall)	14.00 – 16.00	18.00 – 21.00	
Sun 1/10	Closing ceremony - Farewell party - Receive certificate - Take photos	Prepare for travelling - Leave TTrU		- Carefully prepare for travelling - Checkout at Dormitory

- **Expenses per Student**

No.	Detail (per student)	USD	VND
1	Registration fee	\$11	250,000
2	Fee for activities (workshop, games, dance...)	\$33	750,000
3	Charity activities	\$22	500.000
4	Transportation	\$43	1.000.000
5	Dormitory	Free	Free
6	Food	Free	Free
	Total	110 \$	2,500,000

Notice:

- 1) Students will responsible for air plane fee (round way ticket).
- 2) Rate exchange in this program is about 23.000 VND per 1 USD which can be higher or lower by currency exchange rate at the time.
- 3) The program can be changed according to the appropriate of time, weather and other factors.

TRUSEP 2017