



## TAN TRAO UNIVERSITY, VIETNAM

Add: Trung Mon Commune, Yen Son District, Tuyen Quang Province, Viet Nam  
Website : <http://www.daihoctantrao.edu.vn>

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# INTERNATIONAL STUDENT CULTURAL EXCHANGE WEEK

AUTUMN, 2018



## **INTRODUCTION**

Dear Sir/Madam,

We are delighted to invite you to join **International Student Cultural Exchange Week 2018** at Tan Trao University. We look forward to welcoming students as representatives of your institution and country. Your presence will add significant elements to the international dimension of Tan Trao University, and we hope you will take advantage of every opportunities to share your culture with our community.

This handbook is intended to give you highlights of **International Student Cultural Exchange Week 2018** at Tan Trao University. Please feel free to contact us with any questions you might have. Office of Science Management and International Affairs is responsible for international student services on Tan Trao University campus.

**International Student Cultural Exchange Week 2018** are given the opportunity to experience culture, history and natural beauty of Tuyen Quang, Vietnam. Moreover, students have chances to enjoy Mid Autumn Festival with many meaningful activities.

Please send email at [studentexchange.ttru@gmail.com](mailto:studentexchange.ttru@gmail.com) for more detailed information. We wish you all the best and look forward to your upcoming trip to Tan Trao University.

Yours faithfully,



**Assoc.Prof. Nguyen Ba Duc**  
**President of Tan Trao University**

# HIGHLIGHTS OF STUDENT EXCHANGE PROGRAM AT TAN TRAO UNIVERSITY

## 1. Mid-Autumn Festival

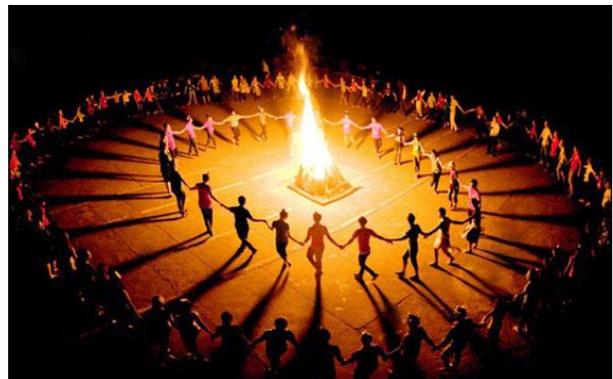
You will have unforgettable memory when joining in this large-scale event in Tuyen Quang, Vietnam. Streets are decorated with hundreds of giant lanterns in different shapes. In 2013, the Mid-Autumn Festival in Tuyen Quang Province was recognized as the event which has the most giant lanterns in Vietnam.

For further information, please search the link:  
<https://www.youtube.com/watch?v=jwATFvAyb4k>



## 2. Campfire

Students will walk around the campfire, holding hands for dancing and singing. It will bring us to warmth and closeness with no-gap in color, religion or ethnicity.



## 3. Asian traditional folk games

The folk game festival not only creates a nice, useful and fun play area for the students but also helps them understand beautiful Asian traditional cultural values and enhances their sense of spiritual and moral values such as maintaining lifelong friendships and the love for family and country



Stilt walking



Tug of war



Bamboo dancing



Beat earthenware pot

## 4. A short tour with some cultural and historical sites

### 4.1. Tuyen Quang Museum

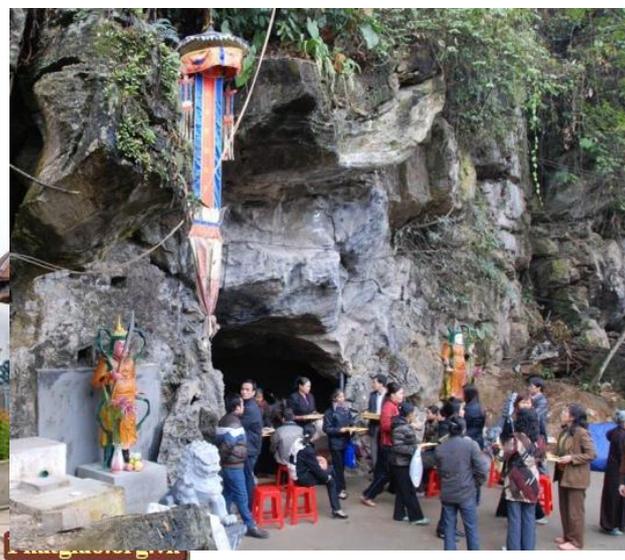


Museum

You have valuable opportunity to gain understanding of Tuyen Quang and Vietnam's long and profound history. There are many artifacts stored in the Tuyen Quang Museum. They are the stories and the witnesses to the experiences of peoples - past and present - in Tuyen Quang. The large number of these artifacts, objects, and documents highlights the history of Tuyen Quang province and Vietnam

### 4.2. Hang Pagoda in Tuyen Quang

Hang Pagoda is located in the cave 50 meters deep, the widest in the temple about 30 meters. In the middle of the cave, there is a stone plate like surfing sail. The pagoda was built to meet the needs of the people's beliefs after hard working days, people usually go to the temple to pray for good things, good luck, good health, and bumper crops.



### 4.3. Na Hang ecological tourism zone

In Na Hang, there are primitive forests, rivers and streams and beautiful waterfalls which are the gift of nature.



Boating in Na Hang

### 4.5. Nguyen Tat Thanh Square

Nguyen Tat Thanh Square is a special meaning construction work because the square is the place where Uncle Ho visited and talked with citizens and ethnic minorities of Tuyen Quang in March 1961. With an area of over 4.5 hectares, Nguyen Tat Thanh Square can accommodate 20,000 people and it is the place for cultural, political and social activities of the province.



In addition, there is a temple of President Ho Chi Minh which is placed at the foot of Tho Son mountain. The temple attracts many tourists to visit and thurify.

## 5. Give love - Get happiness

### 5.1. Vietnamese Flashmob

Dancing is well known for one of the activities to bridge the gap that languages bring and break the ice for the first meeting. So this time, we would like to invite you to join Vietnamese Flashmob which is combined traditional and modern styles. You will be granted a meaningful activity.



### 5.2. Cultural display space

This year, we are delighted to welcome and observe how would you decorate your own camp with the help from Vietnamese volunteers. We guarantee that one meaningful activity will be added to your trip in Vietnam. So join us and bring to us your country identity.



### 5.3. Art Exchange Program "Honoring the value of cultures"

Art Exchange Program "Honoring the value of cultures" takes place with activities such as performing traditional dances of different countries; cultural exchanges through enriching cultural identity of Vietnamese, Korean, Filipino, Lao, and Chinese nationalities. These showcases have been performed by students which have expanded their friendships in Asia, integrated multicultural culture, learned and exchanged together. Thanks to the excellent performances that have contributed to strengthen the solidarity, friendship and understanding, not only students of Tan Trao University in Vietnam, but also students from Korea, the Philippines, Laos and China with the trend of mutual development of students in the region and in the world, for the sake of dynamic and enthusiastic student generation.



## SHARINGS FROM EXCHANGE STUDENTS AT TAN TRAO UNIVERSITY



“I love Vietnamese students. They are so fun and so cute. Especially, it is so fun to have time playing and have new cultural experiences in Vietnam with Tan Trao University students”.

*Jasmine Nakiah (Tennessee, USA)*

“During Student Exchange Program at Tan Trao University, I was taken care by Vietnamese volunteer students. Some people in Southeast Asian countries are so enthusiastic and warm hearted. We are warmly welcomed by Vietnamese delegates as well as other representatives. This is absolutely one of meaningful and unforgettable trips I have experienced in my life.”

*Amo (China)*



“ Attending the Student Exchange Program 2017 at Tan Trao University is a really interesting experience for me. This is the first time I have been here but I feel warmth and friendliness. I also know more about your culture and Vietnamese people. You are wonderful.”

*Gyeong (Korea)*

“In my opinion, Student Exchange Program at Tan Trao University, Tuyen Quang, Viet Nam, is a exotic adventure. Every day I had different supprises, for example, when I arrived in Vietnam, I was not accustomed to acclimatization, their food and drink. However, I felt very warm care and concern in their hometown”.

*Kitar ( Laos )*



“ I love the way people here playing music for other people. People listen to music tenderly. I’m really fond of traditional music and dance in Tuyen Quang”.

*Matthew Andrew ( Alabama, the USA )*

“Staying in Vietnam was unforgettable trip that I’ve gained so many memories and learning’s. People in Vietnam are most likely the same to the people in Philippines for the friendliness. After visiting their temples and museums made me realize that there are some similarities between practicies and religion. Pagoda cave was by far the most favourite destination I’ve visited. Mid-Autumn Festival in Vietnam was outstanding, beautiful and unique. One day, I will come back to Vietnam because I have already fallen in love the people and the beauty of this country”

*Clea ( Philippines )*



## APPLICATION FOR STUDENT EXCHANGE PROGRAM

- If you are interested in this *International Student Cultural Exchange Week 2018*, please send us:

+ 01 application form;

+ 01 copy of your passport;

+ 01 Official nomination from Home University;

to email: [studentexchange.ttru@gmail.com](mailto:studentexchange.ttru@gmail.com) by *July 25<sup>th</sup> 2018*.

- If you are from University which has signed MOA (Memorandum of Agreement) with Tan Trao University, **you do not need to send us Official nomination from Home University.**

You can watch video of Student Exchange Program 2017 at Tan Trao University at website:

[https://www.youtube.com/edit?o=U&video\\_id=wj8wD97odxw](https://www.youtube.com/edit?o=U&video_id=wj8wD97odxw)

<https://www.youtube.com/watch?v=6rhmCgpW-Wg&t=142s>

### **Tan Trao University**

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